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WORK, ENERGY& POWER

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Published by: Politeknik Kuala Terengganu Jalan Sultan Ismail, 20200 Kuala Terengganu, Terengganu



09-6204100



09-6204102



Cataloguing-in-Publication Data

Perpustakaan Negara Malaysia

A catalogue record for this book is available from the National Library of Malaysia

eISBN 978-967-2240-54-9

PREFACE



With sincere appreciation, I would like to express my heartfelt gratitude to all those involved and contributed to the making of this E-book : Work, Energy & Power. The dedication, hard work, and commitment provided by the author, editor, designer, publisher, and all parties involved have been truly remarkable. Without their cooperation and support, this achievement would not have been possible. This e-book provides a detailed overview of work, energy, and power, including their definitions, SI units, and formulas. The content provides a comprehensive understanding of these fundamental concepts and their practical applications. Hopefully, the concepts presented in this e-book are engaging and enjoyable to read, facilitating a deeper understanding of the fundamental principles for both lecturers and students.



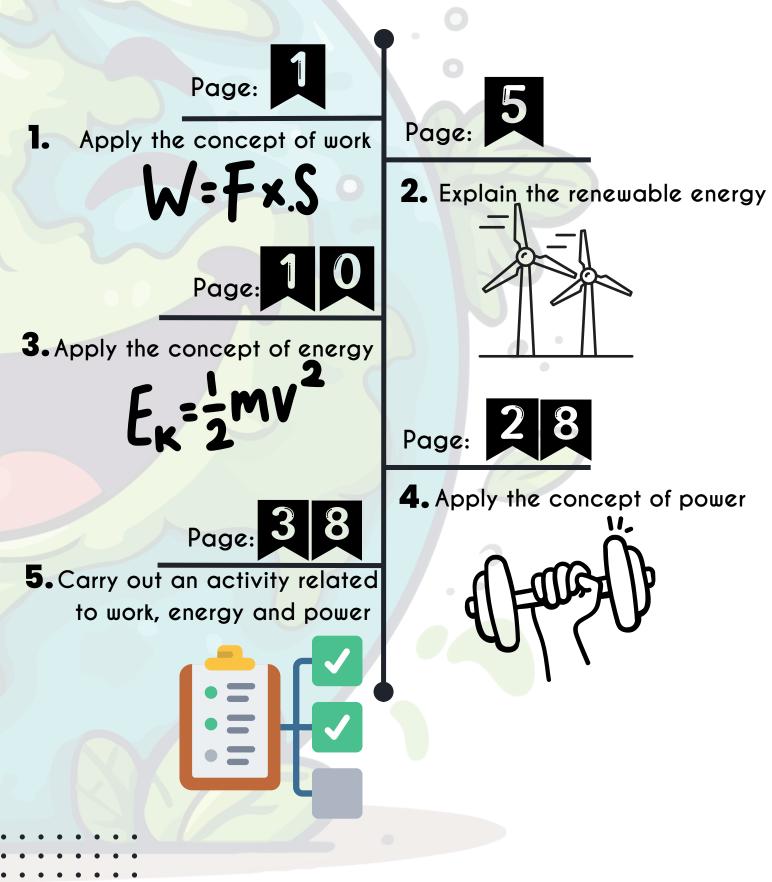
Author: Nor Fadzlina binti Ainuddin

ABSTRACT

O

The E-book: Work, Energy & Power is to understand the fundamental concepts of work, energy, and power, including their measurement units and formulas, as well as the distinction between renewable and non-renewable energy sources. It emphasizes the importance of conservation of energy and provides examples of renewable and non-renewable energy sources and the importance of efficiency in transforming input energy into useful energy.

WORK, ENERGY **TABLE OF CONTENTS** & POWER



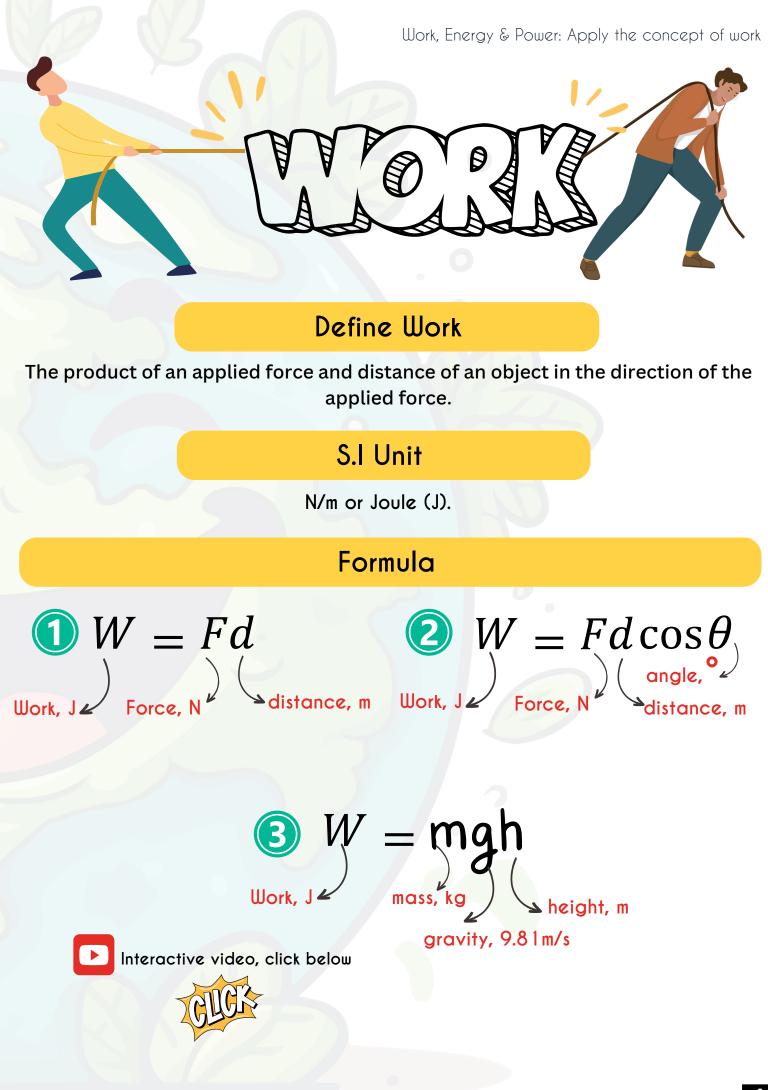


You will learn:

- 1.Define work.
- 2.Formula.
- 3. Example of the concept and formula of work in solving the related problems.

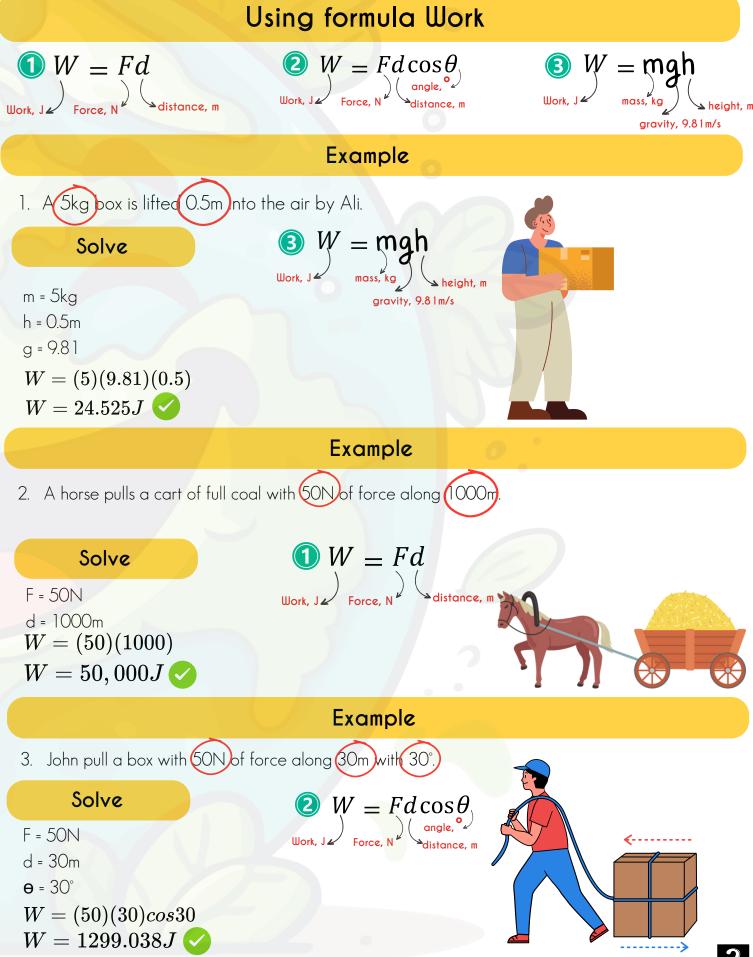
Ο

4. Exercise.



Work, Energy & Power: Apply the concept of work





2

Work, Energy & Power: Apply the concept of work

Exercise

01 Answer: 11.25 J

Ahmad pushed a book 1.50 m to the right along a horizontal table with a horizontal force of 7.50 N. If, calculate the work done on the book.

WERR

Solve

Solve

O2 Answer: 2617.070 J

A man is mopping the floor with a mass of 78 kg at an angle of 70°. Calculate the work has the man done after mopping the floor in 10m horizontally.

03 Answer: 0.765 kg

Mohamad lifted a bucket of with 150 J in 150 seconds out of a well. The bucket was lifted at a height of 20 m. Calculate the mass of the bucket.

04 Answer: 809.325 J



Amin lifts a 50 kg hiking bag onto his shoulders through a vertical distance of 1.65 m. Calculate the work done. Solve

Solve

Work, Energy & Power: Apply the concept of work

Solve

Solve

Solve

Solve

05 Answer: 17781.758 J

Exercise



THERE

Mimi with a mass of 100 kg is climbing up to the top of 20 m stairs with 25° inclined. Calculate the work done.

06 Answer: 0.437 m

1500 J of work is needed to raise an object vertically. If the mass of the object is 350 kg, calculate the height that can be reached by the object.

07 Answer: 7003.750 J

Sheila has just arrived at the airport and is dragging her suitcase to the luggage with a force of 190N at an angle of 35°, displace it 45m to the desk. Determine the work done by Sheila on the suitcase.

08 Answer: 12.263 J

Calculate the work done against gravity in lifting a 2.5kg object through vertical distance of 50cm.



RENEWABLE ENERGY

You will learn:

- 1. Define renewable energy, resources and technologies.
- 2.Define non-renewable energy, resources and technologies.
- 3. The advantages of renewable energy.
- 4. Exercise

Work, Energy & Power: Explain the renewable energy





Define:

Energy generated from natural resources such as sunlight, wind, rain, biofuels, and geothermal heat.



Work, Energy & Power: Explain the renewable energy



NON-RENEWABLE ENERGY

Define:

Types of energy that cannot be replaced after they have been used.

Coal Energy



Produced by burning coal to generate heat, which can then be converted into electricity or used for various industrial processes.



Nuclear Energy

Energy released from the process of splitting of atomic nuclei. This process produces an amount of heat, which can be converted into electricity

Natural Gas Energy



It's formed from the remains of ancient plants and animals that have been buried and subjected to heat and pressure over millions of years.

0	

Oil Energy

Energy formed from the remains of prehistoric plants and animals that were buried and subjected to heat and pressure over millions of years. Work, Energy & Power: Explain the renewable energy

ADVANTAGES OF RENEWABLE ENERGY

It is safe, abundant, and clean to use when compared to fossil fuels.

Enough sunlight comes down on our planer every day that if we could harvest it with solar panels and other forms of collection, we could power everything for an entire year.



Renewable energy is stable.

When renewables are creating energy, the power produced is stable and usable.

Less global warming.

Most renewable energy sources produce little to no global warming emissions.





Jobs and other economic benefits.

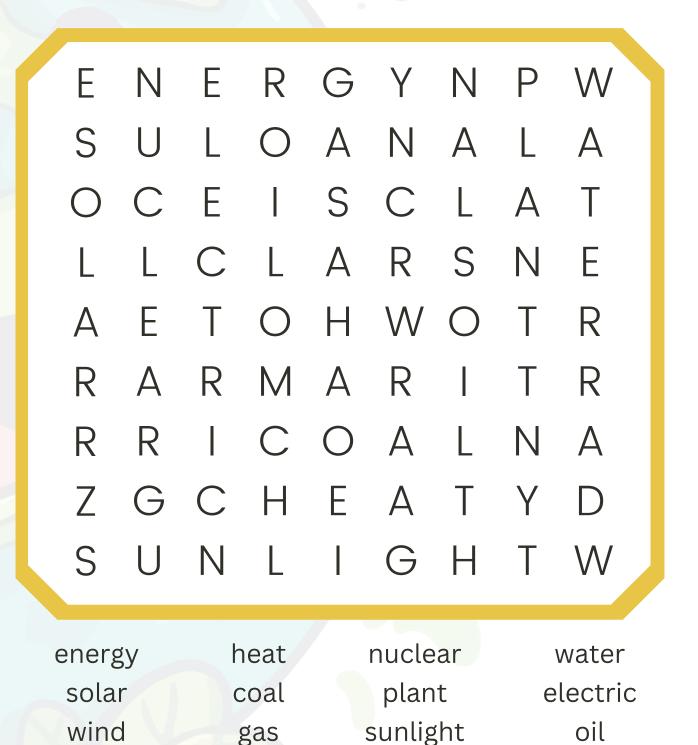
Solar panels need humans to install them; wind farms need technicians for maintenance.



Exercise

RENEWABLE & NON RENEWABLE ENERGY

Circle words in the puzzle below







RENEWABLE & NON RENEWABLE ENERGY

Question

Categorize **THREE (3) examples** for renewable energy and nonrenewable energy:

Answer:



Question

Explain **TWO (2)** the advantages of renewable energy to mankind.

Answer:

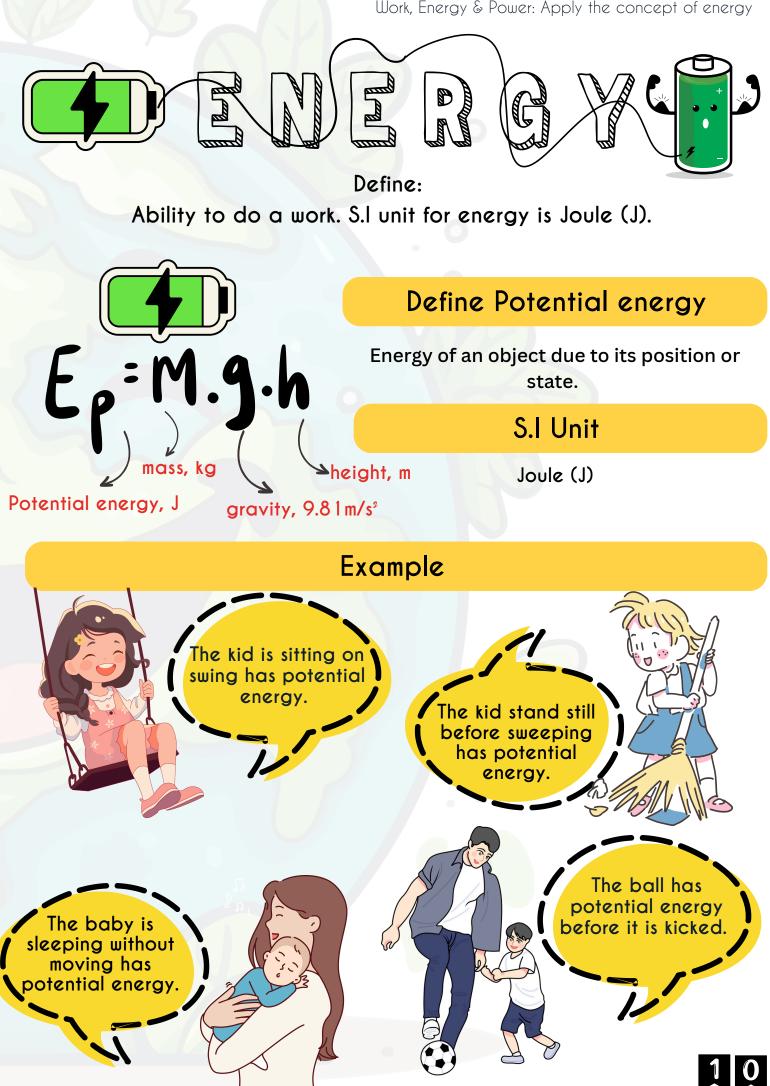
1.	
2	•••••



You will learn:

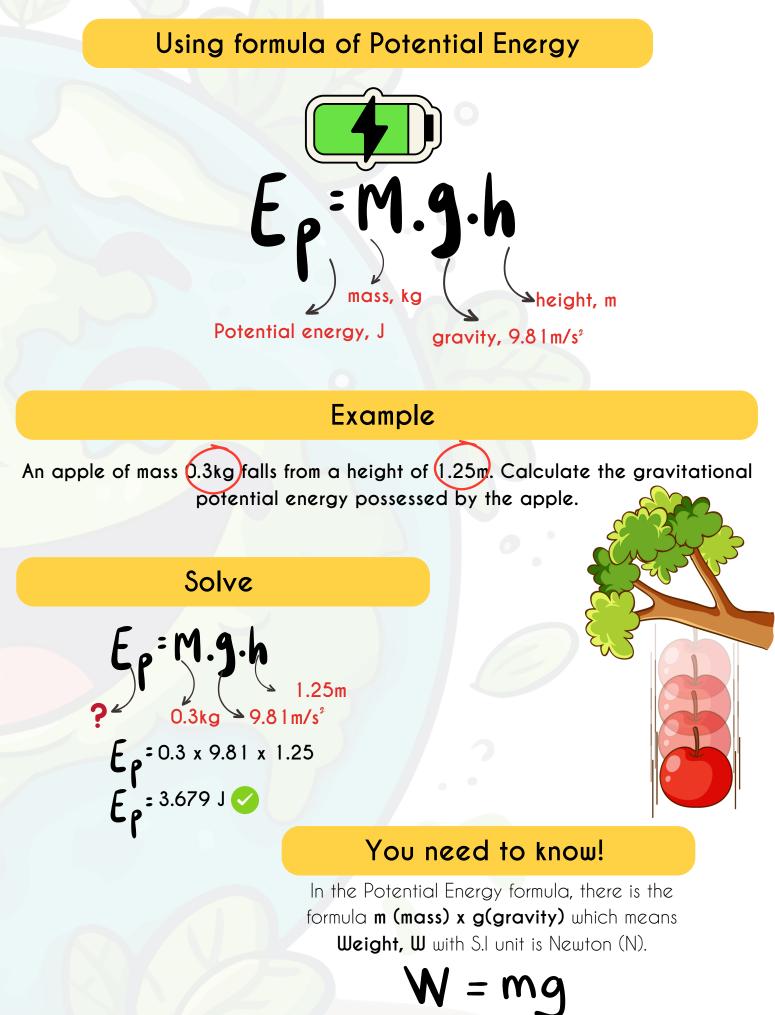
- 1. Define Energy, Potential Energy and Kinetic Energy.
- 2. Using the formula of Potential Energy.
- 3. Exercise of Potential Energy.
- 4. Using the formula of Kinetic Energy.
- 5. Exercise of Kinetic Energy.
- 6. Principle of conservation of energy.
- 7.Examples of Energy can change from one form to another
- 8. Example Principle of conservation of energy.
- 9. Exercise

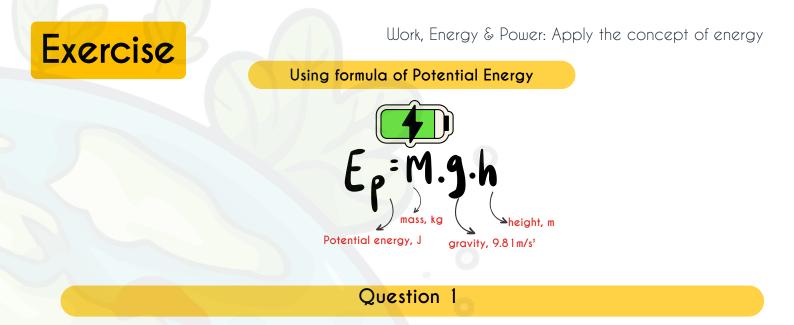
Work, Energy & Power: Apply the concept of energy



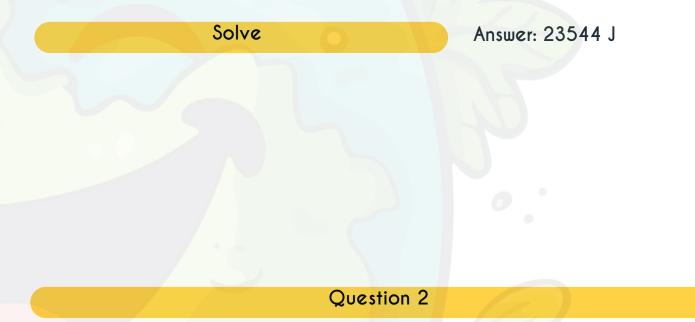


Work, Energy & Power: Apply the concept of energy





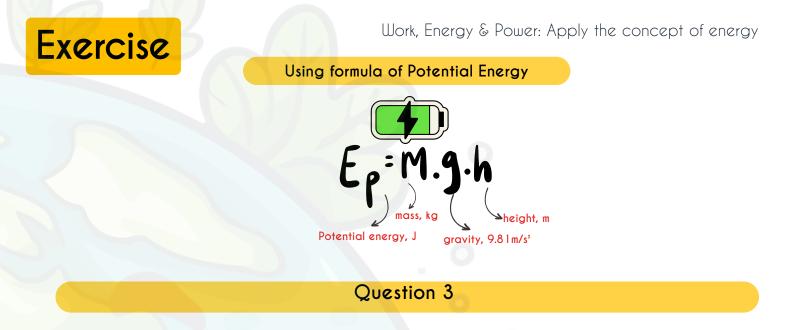
1. A man of 60kg climbs to the top of a building which is 40m in height. Calculate the potential energy of the man.



2. A lift with its passengers has a total mass of 1350 kg. Calculate the gravitational potential energy gained by the lift by moving upwards to a height of 25 m.

Solve	Answer: 33750 J

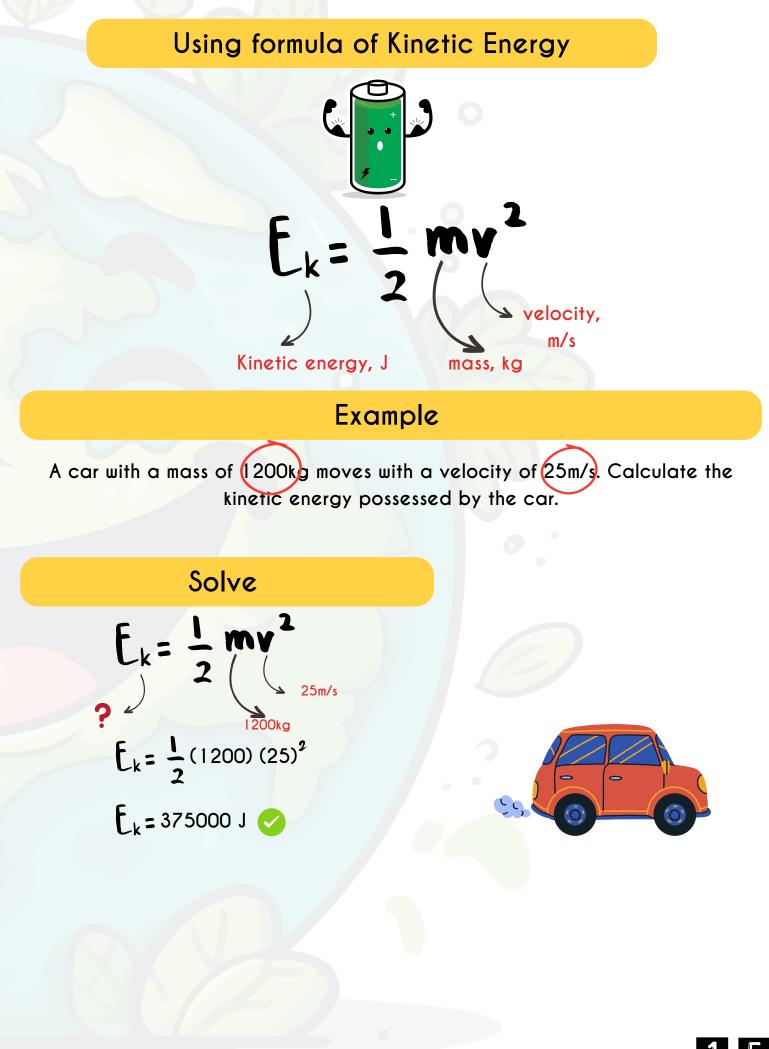


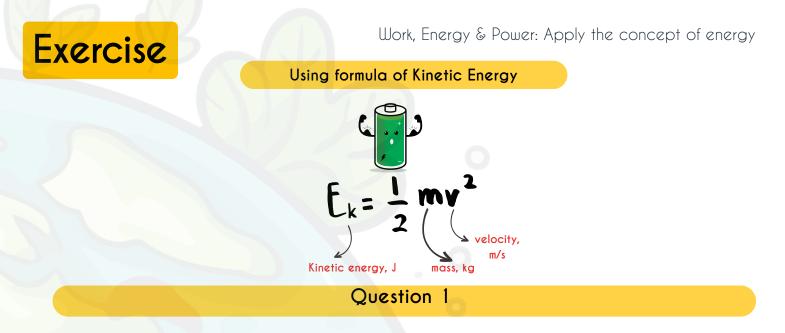


3. A baby carriage is sitting at the top of a hill that is 21 m high. The carriage with the baby weight 12 N. The carriage has potential energy. Calculate it.

Solve		Answer: 252 J		
	Question 4			
	Question 4			
I. Calculate the weight of gravitational potential energ		in the height	of 5 m	if th
Solve	0	Answer: 25 N		

Work, Energy & Power: Apply the concept of energy



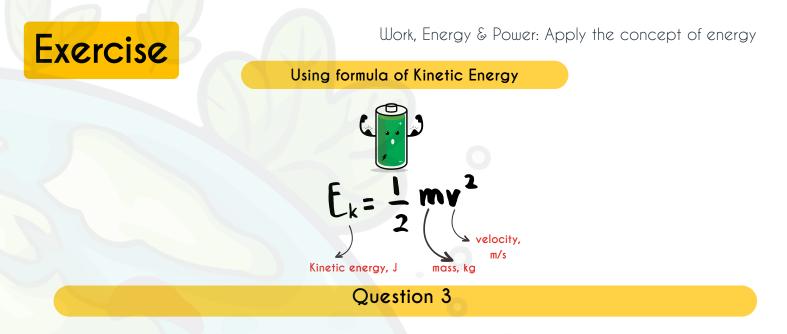


1.A 78kg skydiver has a speed of 62m/s at an altitude of 870m above the ground. Calculate kinetic energy.

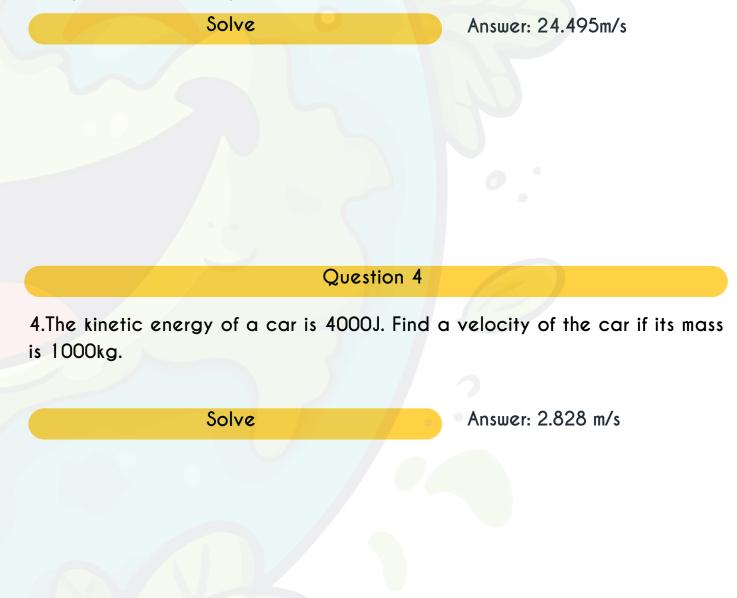
Solve	Answer: 149916 J
Ç	uestion 2

2. You serve volleyball with a mass of 2.1 kg. The ball leaves your hand with a speed of 30m/s. The ball has kinetic energy. Calculate it.

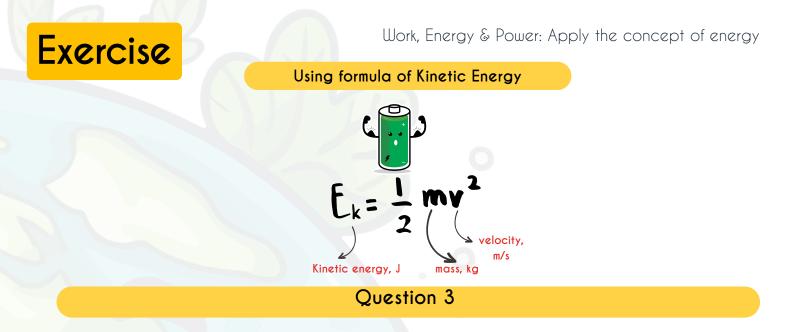
Solve	• Answer: 945 J



3. Jacob, the former platform diver for the Jumbo's Circus, had a kinetic energy of 12000 J just prior to hitting the bucket of water. If Jacob's mass is 40 kg, calculate her speed.







3. Jacob, the former platform diver for the Jumbo's Circus, had a kinetic energy of 12000 J just prior to hitting the bucket of water. If Jacob's mass is 40 kg, calculate her speed.

	Solve	Answer: 24.495m/s
	Qu	vestion 4
A The binetic	energy of a car is 400	000J. Find a velocity of the car if its m
is 1000kg.		





Define Principle of Conservation of Energy

States that energy cannot be created or destroyed but can change from one form to another. This is known as the **Principle of Conservation of Energy.**

S.I Unit

The total amount of energy in a system is:



the total energy stored before conservation



the total energy stored after conservation

$$E_{T} = E_{P} + E_{K}$$

 $E_{T} = m.9.h + \frac{1}{2}mv^{2}$
 $V^{2} = 2.9.h$

Examples of Energy can change from one form to another



Swings

A swing has **potential energy** that converts to **kinetic energy** as the person swings down and then back to potential energy at the highest point of the swing, and the total amount of energy remains constant.

Riding a bike

The food you consume provides **chemical energy** that is converted into **kinetic energy** when you pedal and move forward on a bike.





Switch on the radio

When you press the power button, **electrical energy** flows from the power source into the radio converted into **sound energy**. This conversion allows you to hear the audio from the speakers.

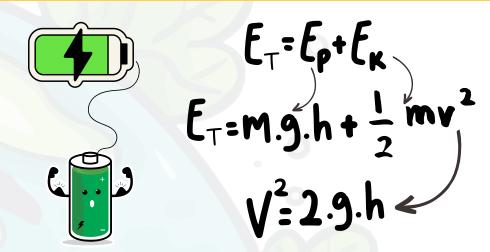
Plants are growing

This **solar energy** from the sun is absorbed by the plant's leaves and converted into **chemical energy.** This chemical energy is used for growth, reproduction, and other metabolic processes within the plant.

not fall

1.8m

Using formula of Conservation of Energy



Example

An apple of 0.250 kg mass was lifted as high as 1.8 m from the ground and was let to fall under the gravitational reaction. Calculate the gravitational **potential energy** and the **kinetic energy** possessed by the object under these situations:

- i) Before it was let to fall
- ii) 1 meter under free fall
- iii) Right after its touched the ground

Solve i)

i) Before it was let to fall

Ep=M.g.h	$f_k = \frac{1}{2} m v^2$	E _T =Ep+EK
$E_{p} = 0.25 \times 9.81 \times 1.8$ $E_{p} = 4.415 \text{ J}$ Not fall	$E_{k} = \frac{1}{2} \times 0.25 \times 0^{2}$ $E_{k} = 0 \text{ J} \checkmark$ An apple is not falling yet, so no change in position then the velocity of the object is zero.	\mathbf{E}_{T} : 4.415 + 0 \mathbf{E}_{T} : 4.415 J Total Energy, \mathbf{E}_{T} is same for all situations.



Example

An apple of 0.250 kg mass was lifted as high as 1.8 m from the ground and was let to fall under the gravitational reaction. Calculate the gravitational **potential energy** and the **kinetic energy** possessed by the object under these situations: i) Before it was let to fall

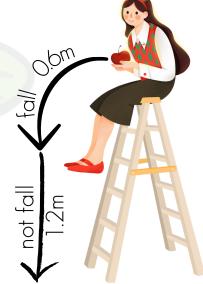
ii) 0.6 meter under free fall

iii) Right after its touched the ground

Solve ii)

ii) 0.6 meter under free fall

Ep=M.g.h	$E_k = \frac{1}{2} mv^2$	$E_{\pi} = E_{p} + E_{k}$	10
E = 0.25 x 9.81 x 1.2 E و= 2.943 J ✓	$E_{k} = \frac{1}{2} \times 0.25 \times \sqrt{\frac{2}{7}}$ Need to find the value	E_{T} = 4.415 + 0 E_{T} = 4.415 J	
Not fall	An apple is falling, so change in position is 0.6m then the velocity of the object must calculate.	Total Energy, E _{IT} is same for all situations.	► not fall



Two (2) ways to solve, both answer is SAME

1 V=2.9.h	$\frac{2}{2} E_{\pi} = E_{p} + E_{K}$
$V_{=}^{2} 2 \times 9.81 \times 0.6$ $V_{=}^{2} 11.772$ Insert the value to formula $E_{k} = \frac{1}{2} \times 0.25 \times 11.772$ $E_{k} = 1.472 \text{ J} \checkmark$	E_{T} : 4.415 J E_{T} : E_{P} + E_{K} 4.415 : 2.943 + E_{K} E_{K} : 4.415 - 2.943 E_{K} : 1.472 J

Example

An apple of 0.250 kg mass was lifted as high as 1.8 m from the ground and was let to fall under the gravitational reaction. Calculate the gravitational **potential energy** and the **kinetic energy** possessed by the object under these situations:

- i) Before it was let to fall
- ii) 0.6 meter under free fall
- iii) Right after its touched the ground

Solve iii)

iii) Right after its touched the ground

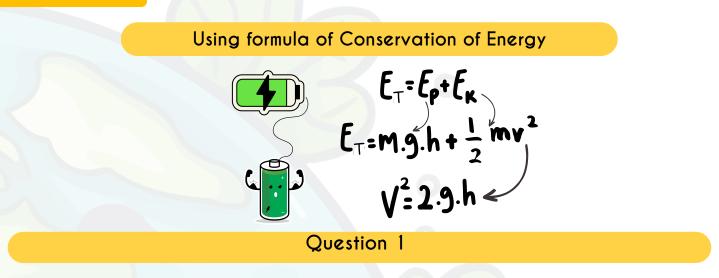
Ep=M.g.h	$E_k = \frac{1}{2}mv^2$	$E_{\pi} = E_{p} + E_{K}$	
$E_{p} = 0.25 \times 9.81 \times 0$ $E_{p} = 0 \text{ J}$ Not fall	$E_{k} = \frac{1}{2} \times 0.25 \times v^{2}$ Need to find the value An apple is falling, so change in position is 0.6m then the velocity of the object must calculate.	E_{T} : 4.415 + 0 E_{T} : 4.415 J \checkmark Total Energy, E_{T} is same for all situations.	fall 1.8m

not fall Om

Two (2) ways to solve, both answer is SAME

1 V=2.9.h	$\frac{2}{2} E_{T} = E_{P} + E_{K}$
$V_{*}^{2} 2 \times 9.81 \times 1.8$ $V_{*}^{2} 35.316$ Insert the value to formula $E_{k} = \frac{1}{2} \times 0.25 \times 35.316$ $E_{k} = 4.415 \text{ J} \checkmark$	E_{T} = 4.415 J $E_{T} = E_{P} + E_{K}$ 4.415 = 0 + E_{K} $E_{K} = 4.415 - 0$ $E_{K} = 4.415 J$





A cat with mass 2.5kg is trying to jump off a tree which is 3m high from the ground. Calculate the **potential energy** and **kinetic energy** based on the situation below:

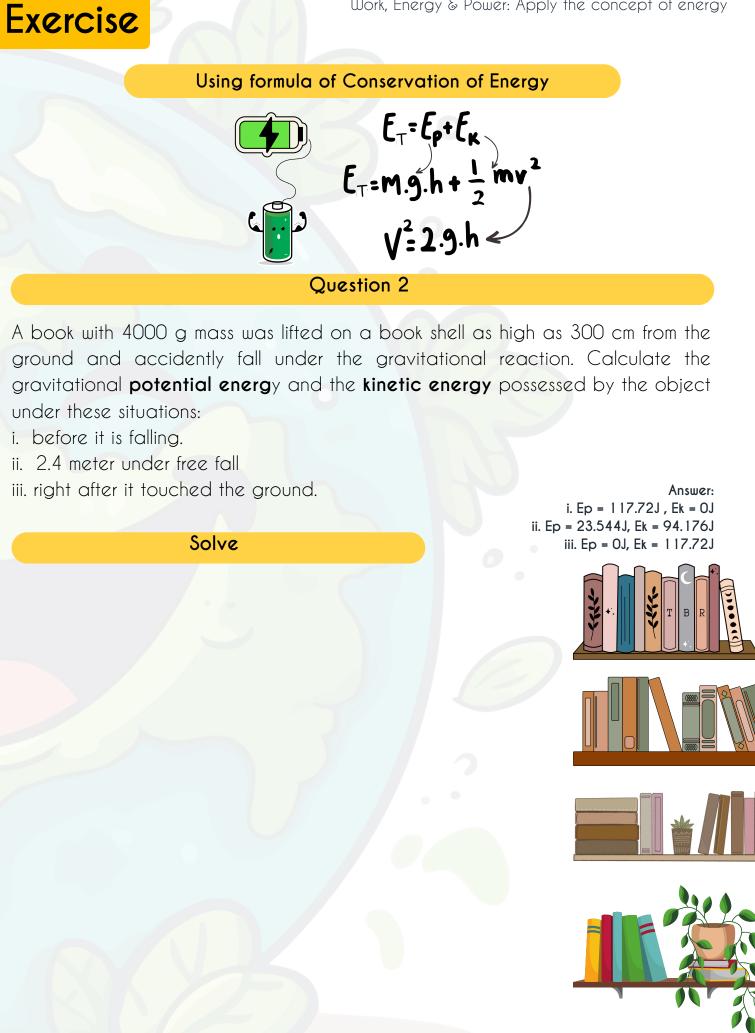
- i. While the cat is still on the tree.
- ii. When the cat falls 1m from the tree.
- iii. When the cat touches the ground.

Solve

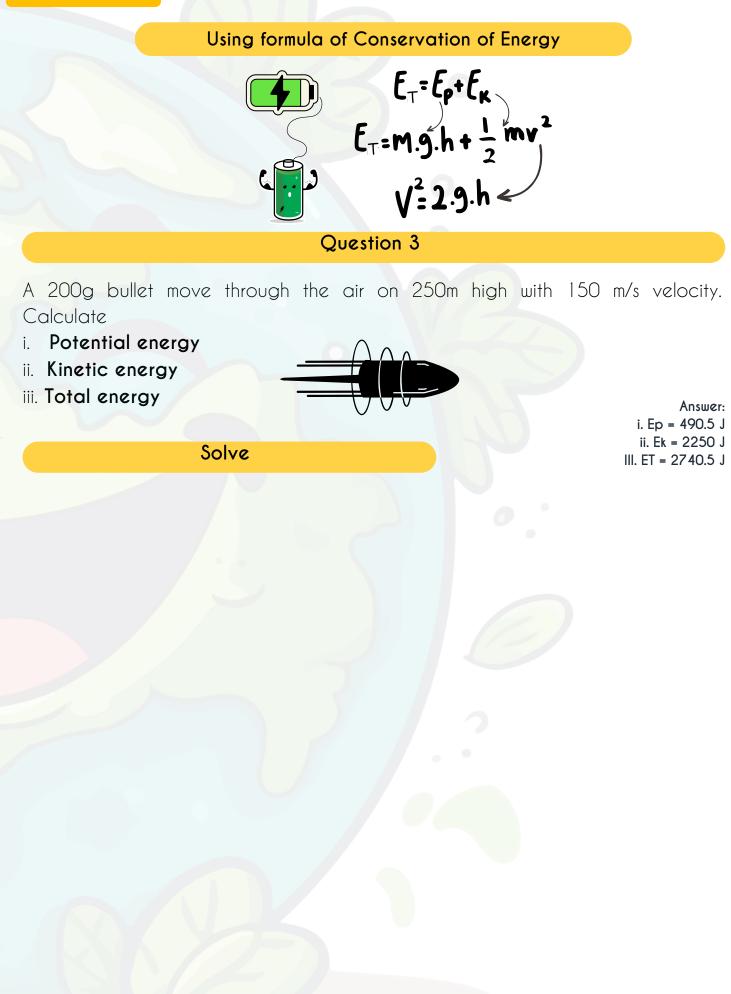
Answer: i. Ep = 73.575J , Ek = OJ ii. Ep = 49.05J, Ek = 24.525J iii. Ep = 0J, Ek = 73.575J













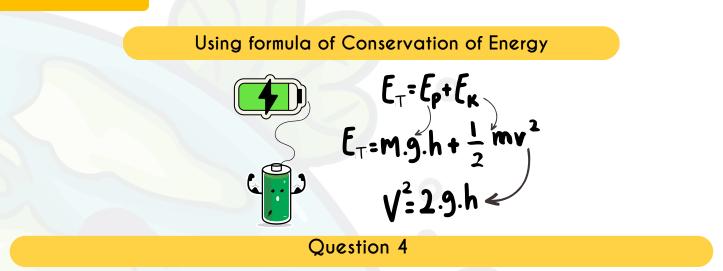
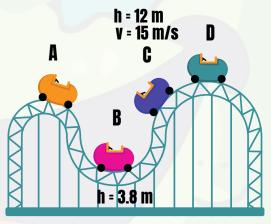


Figure below shows a roller coaster with a mass of 25 kg gliding on a frictionless track which stop at the point R.

- i. Find the total energy of the roller coaster when reaching the point C.
- ii. Calculate the **speed** of the roller coaster at the point B by using **total energy**.



Solve

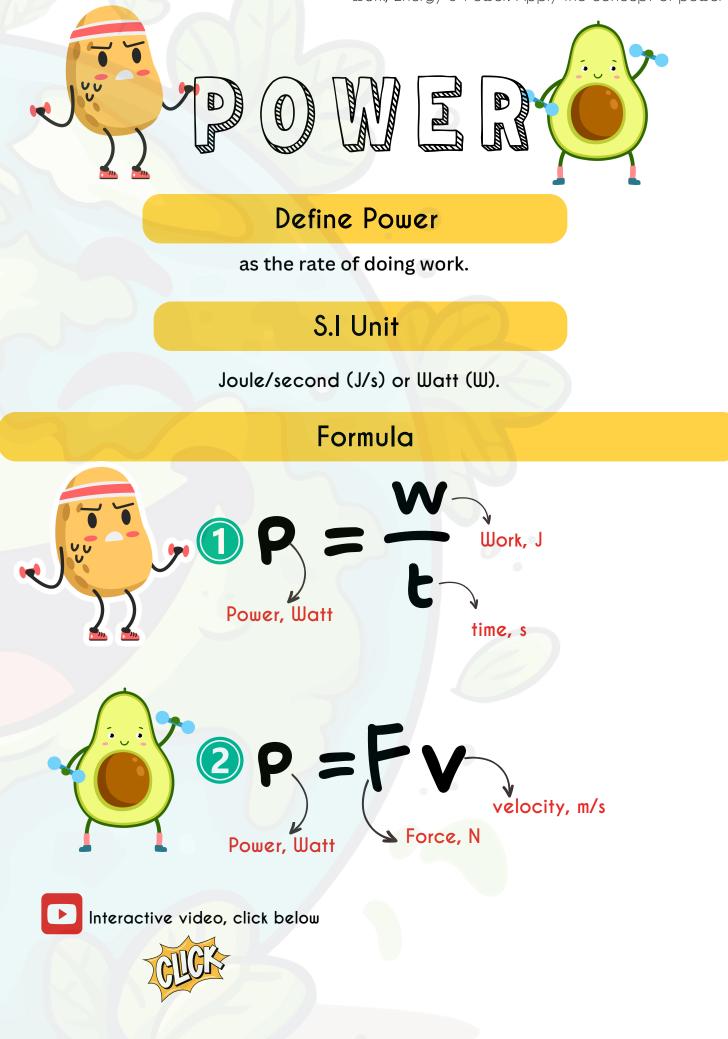


Answer: i. ET = 5755.5 J ii. V = 19.644 m/s



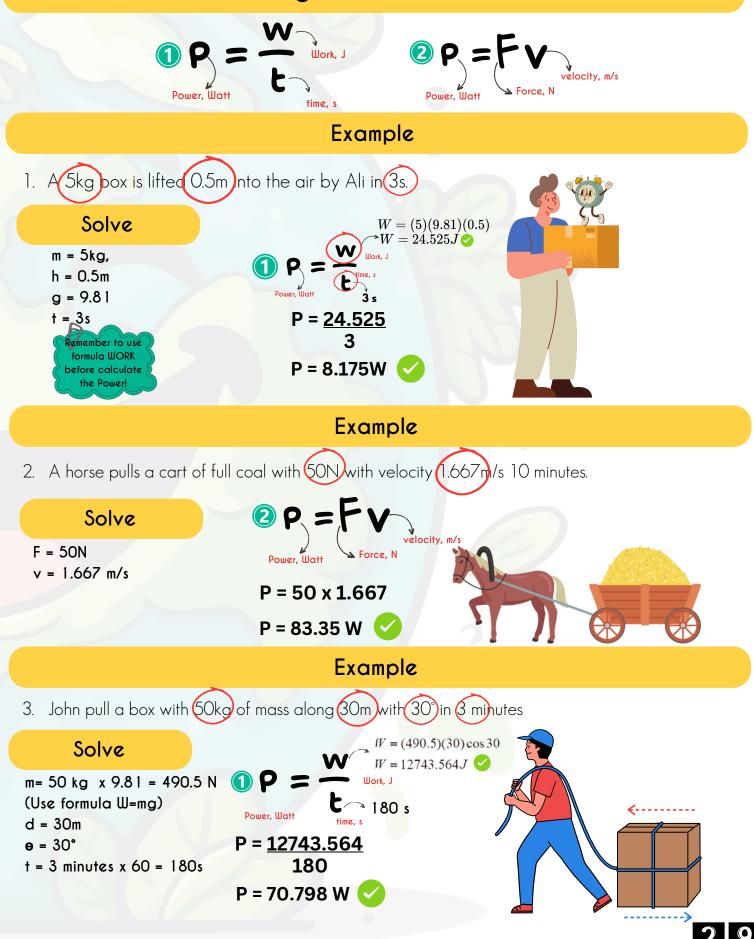


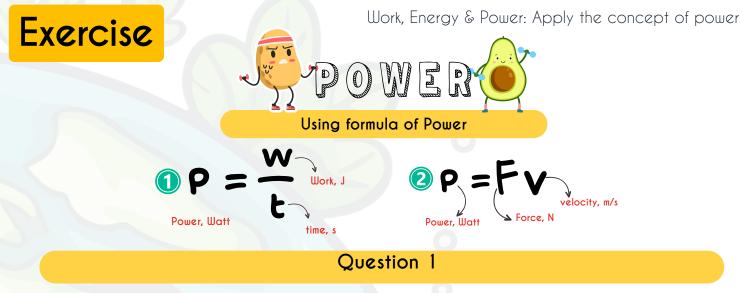
- You will learn:
 - 1. Define Power
 - 2. Calculate Power by using formula given.
 - 3. Exercise of Power.
 - 4. Define Efficiency
 - 5. Calculate the efficiency of mechanical system
 - 6.Exercise





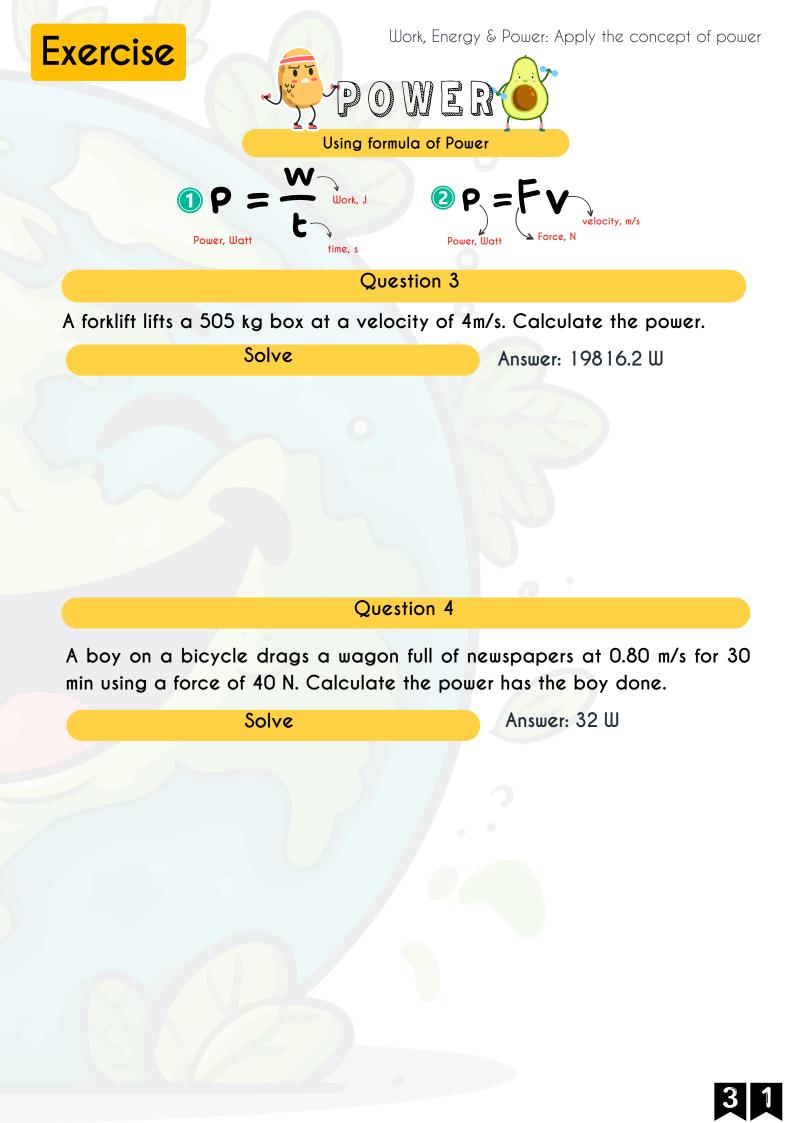
Using formula Power

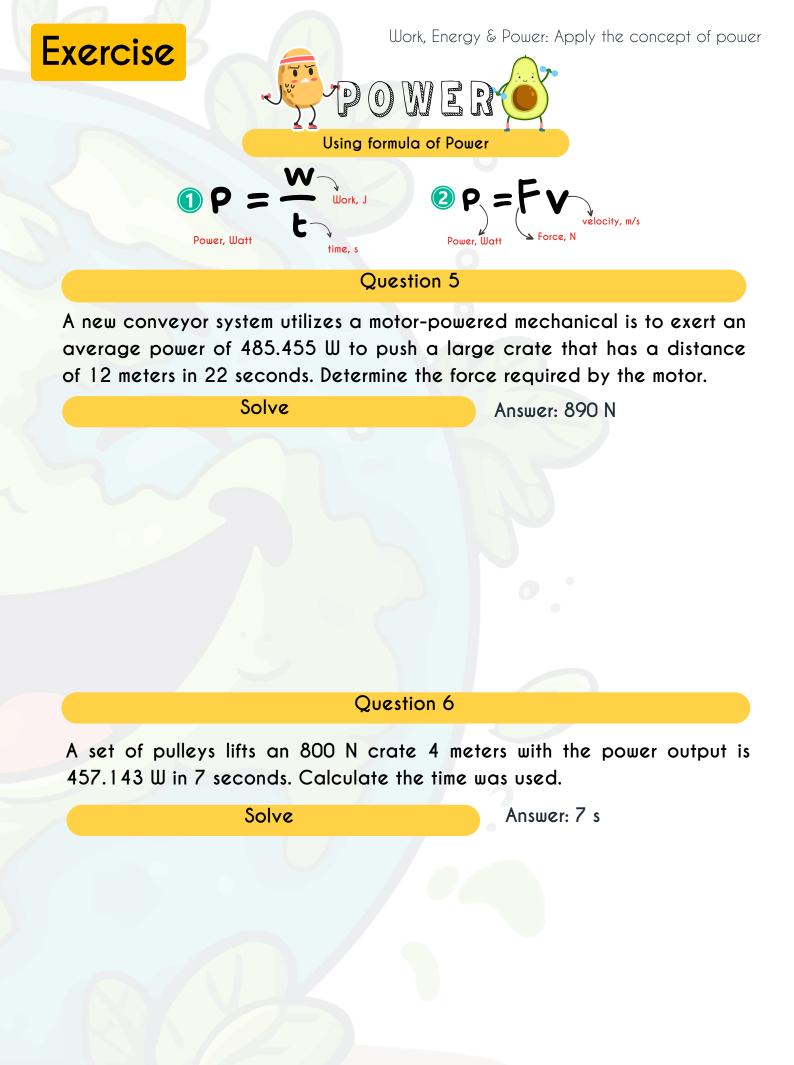




Calculate the power is done by Mark by holding a 15 N sack of potatoes while waiting in line about 0.75m at the grocery store for 3 minutes.

Solve	Answer: 0.063 W
Ques	tion 2
	g in 150 seconds out of a well. The
bucket was lifted at a height of 20 m	. Calculate power.
Solve	Answer: 51.012 W

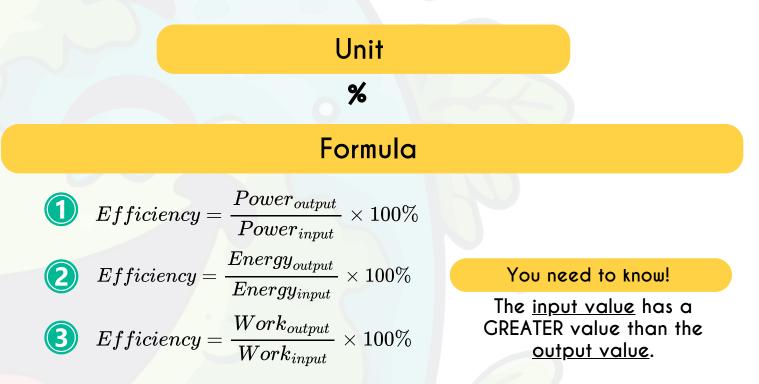






Define Efficiency

is defined as the percentage of the input energy that is transformed into useful energy.

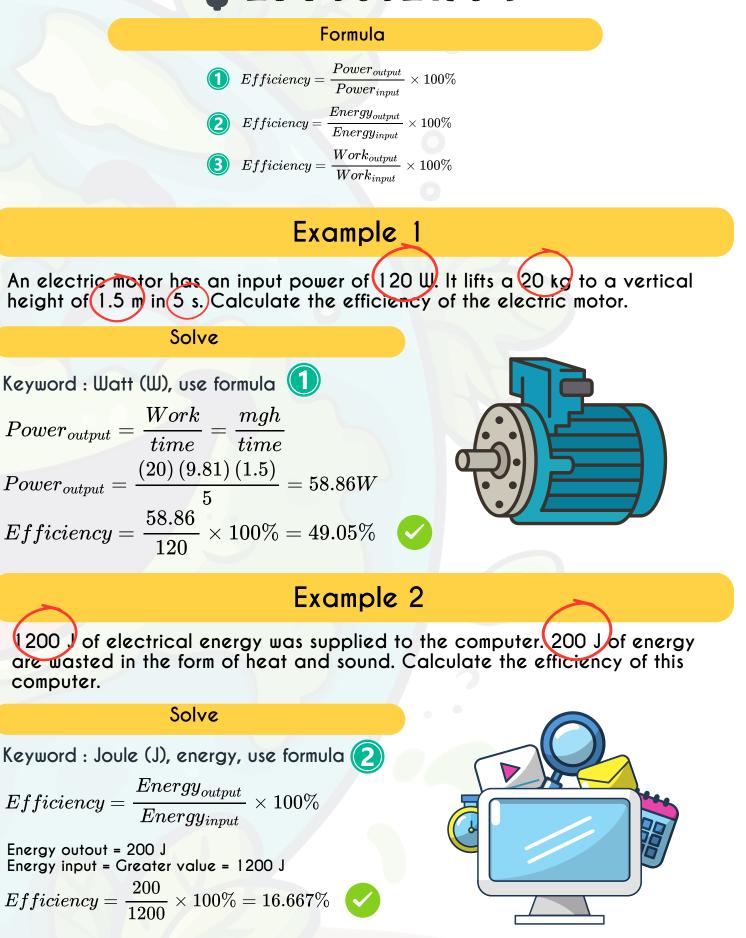


Example

Efficiency of an ideal machine is 100 % but an actual machine's efficiency will always be less than 100% because some of the work put into the system is transformed (lost) into thermal energy (heat).

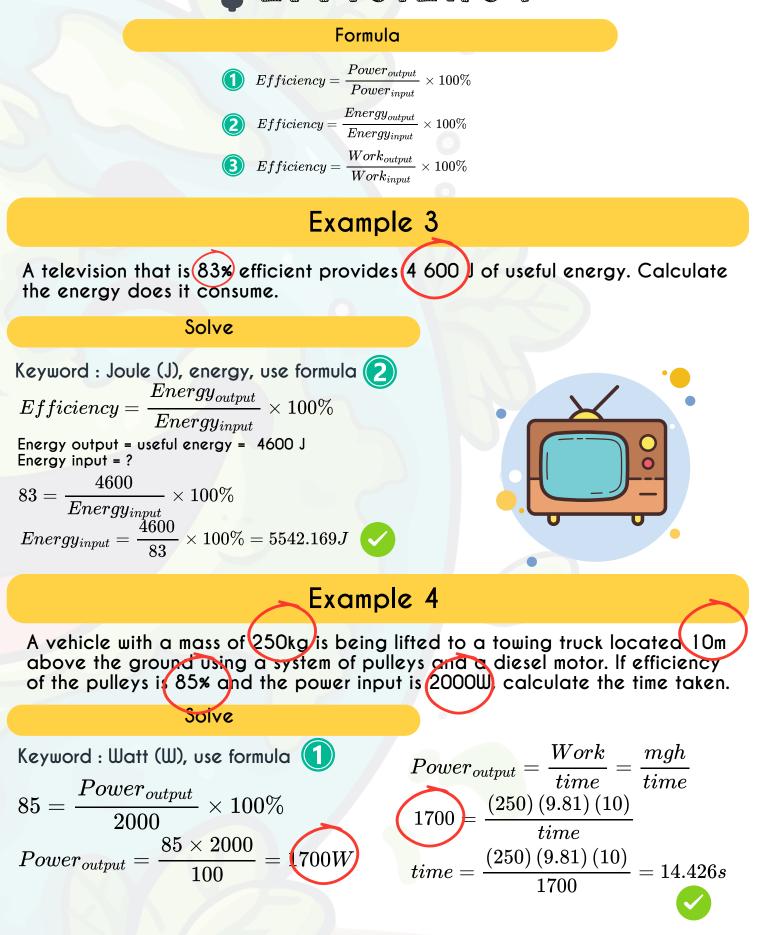


EFFICIENCY

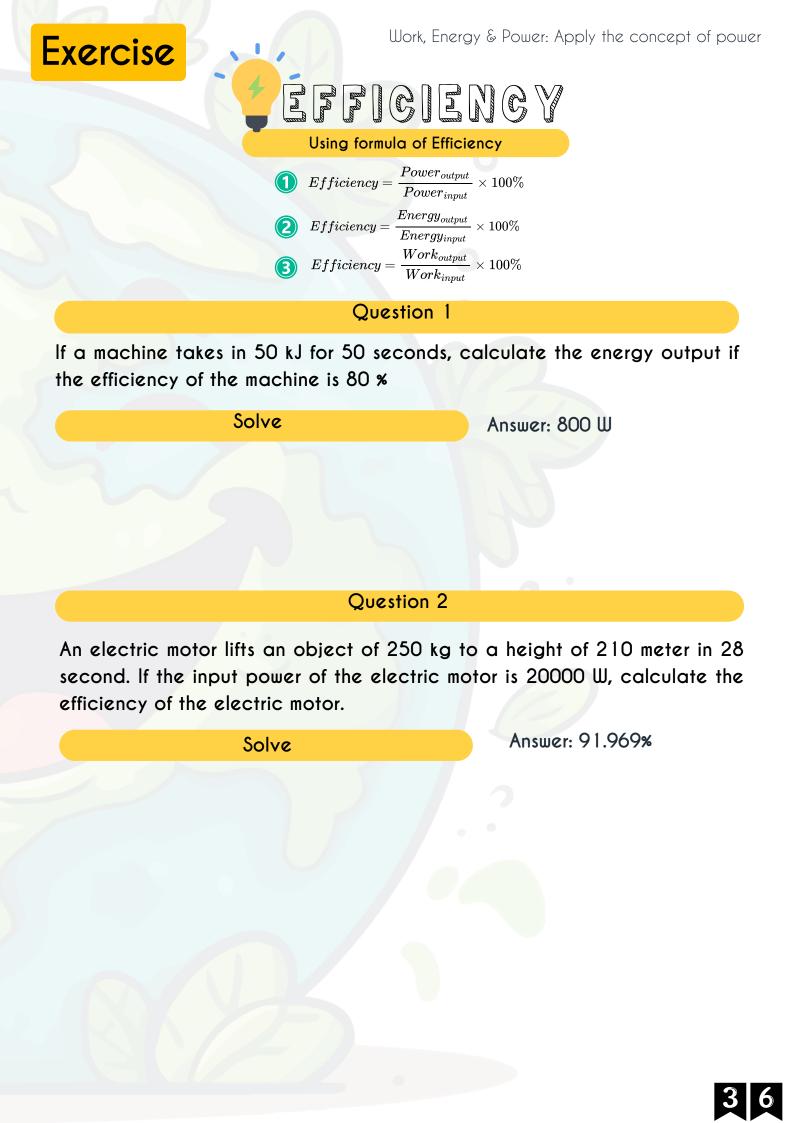


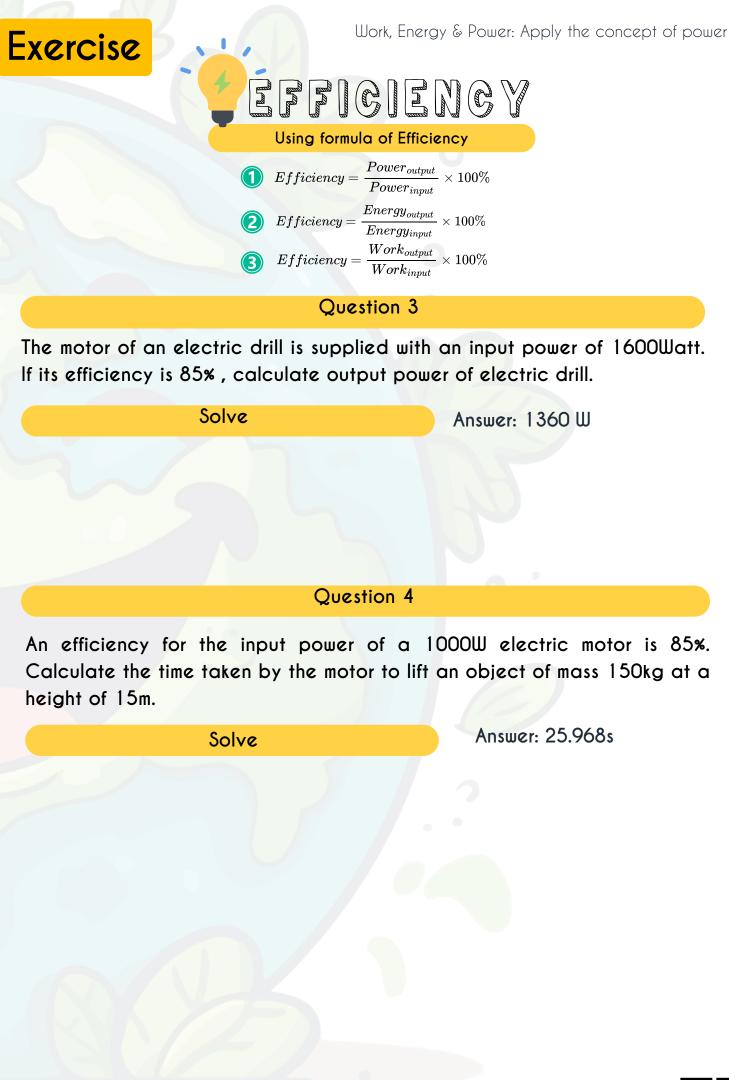
3 4

EFFICIENCY



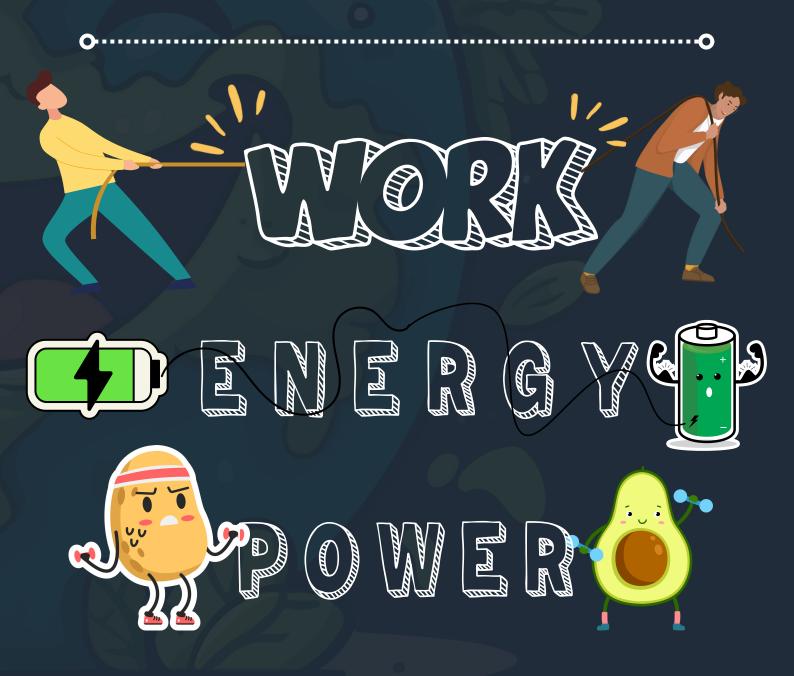




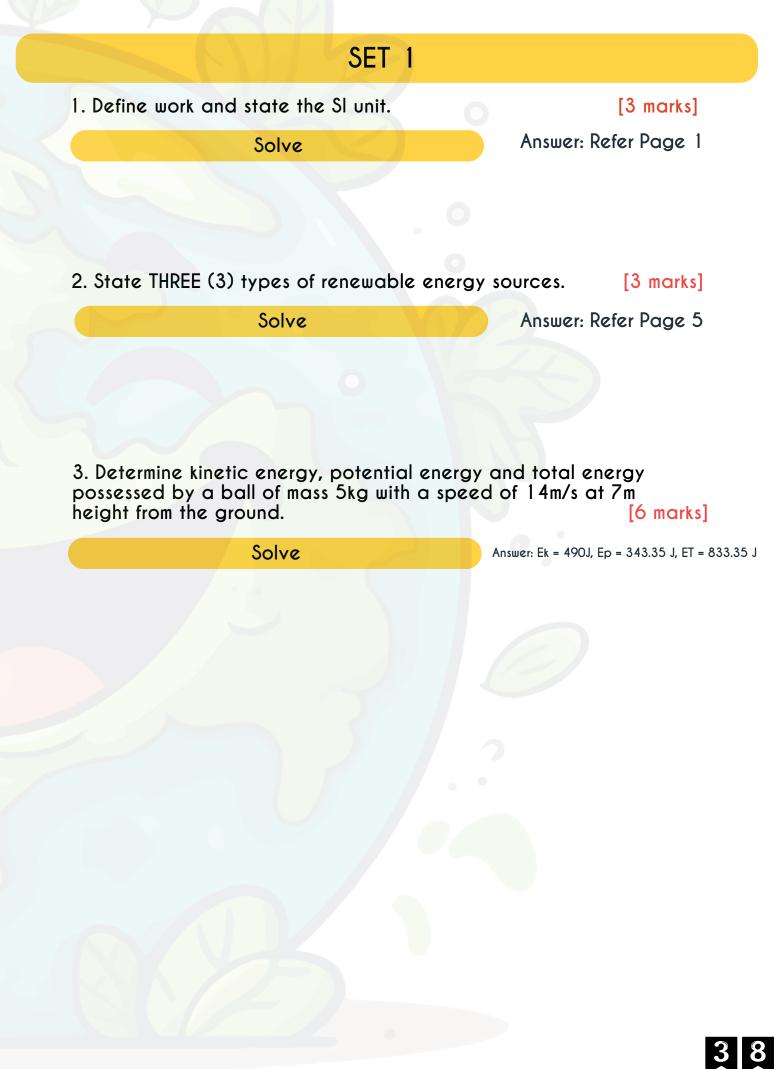


1 / /

CARRY OUT AN ACTIVITY RELATED TO WORK, ENERGY AND POWER



Carry out an activity related to work, energy and power



SET 1

4. Calculate work done by a 35kg object that is lifted to a height of 6m from the ground. [4 marks]

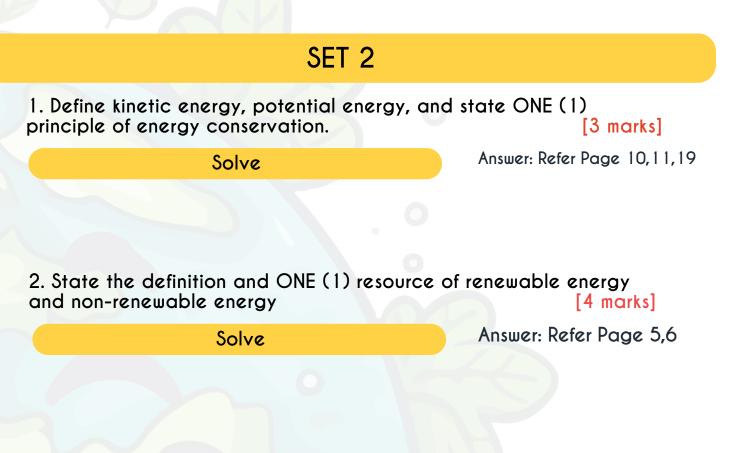
Solve

Answer: 2060.1 J

5. An efficiency for the input power of a 2200W electric motor is 55%. Calculate the time taken by the motor to lift an object of mass 80kg at a height of 10m. [9 marks]

Solve	Answer: 6.486s

Carry out an activity related to work, energy and power



3. Amirul, weighing 80kg, runs upstairs of 30 steps. each of the steps is 0.15m height. Calculate the power generated by Amirul if he takes 22 seconds to reach the top of the stairs. [4 marks]

Solve	Answer: 160.527 W

4

SET 2

4. An apple falls a height of 13.5m to the ground. Calculate the velocity of the apple right before it hits the ground. $(g = 9.81 \text{ m/s}^2)$ [6 marks]

Solve	Answer: 16.275m/s
5. A crane's motor can lift a 4.905N weight to 150cm in 10 seconds. If the batteries of the of 0.8 W to the motor, calculate:	through a height of crane deliver a power
i. The work done by the crane ii. The efficiency of the crane's motor	<pre>[4 marks] [4 marks]</pre>
Solve	Answer: i. 7.358J, ii. 91.975%
	C



WORK, ENERGY & POWER

"Immerse yourself in 'Work, Energy, and Power' with our interactive eBook designed for learners of all levels. Learn how to calculate work (W = F × d), understand the conservation of energy principle, and apply formulas for kinetic and potential energy. Engage with practical examples such as power and efficiency, and reinforce your understanding through an exercises provided with answers."

